



Rules Regulations

Team Composition

1. Teams on the field consist of seven players at one time
2. You may register up to 20 players for any one team
3. All players must be registered for the teams they play in
4. Teams must start the game with 5 players or lose by default
 - (In Mixed football 2 x females, 3 x males)
5. Young males do not count as females in the **'Mixed'** Section
6. There must be no more than 4 males on the field at all times in the **'Mixed'** Section
7. **Men's Over 35's – Masters** (No Dispensations – A copy of photographic Identification that show's a date of birth. Eg Drivers Licence or Passport may be requested)

Equipment

- ❖ Each team must have IDENTICAL coloured and style shirts – failure to comply will result in one point being deducted from that team's total for each offending game.
- ❖ The Club's recommendation is that every player should wear shinpads
- ❖ Each team will be supplied its own match ball.
- ❖ Footwear must comply with the following
 - No screw-in sprigs of any type allowed. Includes screw-in moulded sprigs
 - Moulded boots have a minimum of 12 sprigs on the bottom
 - Any type of running/track/indoor shoes are allowed
 - No work boots of any kind are allowed
 - No bare feet

Playing Rules

- ❖ Matches will be 20 minutes each half (excluding Finals Day)
- ❖ Games commence on the sounding of the 'Hooter'
- ❖ The 'Hooter' will sound for half-time, which is a straight turnaround with no stoppage
- ❖ Half-time and full-time will occur on the next occasion the ball goes out of play
- ❖ If a penalty is given at half-time or full-time, the penalty will be taken
- ❖ The referee's decision (right or wrong) is final

All soccer rules apply with the following exceptions

- ❖ There are unlimited rolling substitutions, however they are to be made near the half-way line and that the player must have left the field before his/her replacement takes their place
- ❖ There are no slide-tackles permitted whatsoever
- ❖ There are no offsides
- ❖ The goal-keeper may pick up the ball at all times, including pass backs
- ❖ Goalkeepers may roll the ball out from ground goal kicks
- ❖ All free-kicks are indirect
- ❖ Throw-ins will be at the referee's discretion. As long as it is with two hands behind the head and it is a good attempt, play will continue.
- ❖ Friday Mixed – Tackling of Girls by Guys.
- ❖ This will be the referee's call, but use of force in tackles is discouraged.

Penalty Area

The following rules apply to the penalty area at both ends of the field

- ❖ The goal-keeper is the only player allowed in the half-circle
- ❖ The goal-keeper cannot leave the half-circle, however if his/her momentum from making a save takes him out of the half-circle he must make no attempt to play the ball and return to his/her half-circle immediately
- ❖ If the goal-keeper plays the ball outside the half-circle it is a penalty kick. The penalty is taken 1m, from the top of the circle with the goalkeeper standing on the goal line between the posts
- ❖ The ball is deemed within the goal area when the whole ball is inside the half-circle line. Alternatively the ball is deemed outside the half-circle when the whole ball is outside the line. If the ball is on the line any player can play the ball
- ❖ If a player from the defending team plays the ball inside the area it is a penalty kick to the attacking team
- ❖ If an attacking player plays the ball inside the half-circle it is a free kick to the defending team within the half-circle
- ❖ Players are allowed to go into the half-circle if general momentum takes them into the half-circle after playing the ball outside the half-circle. The player must make no attempt to play the ball or interfere with the goal-keeper and must immediately leave the half-circle
- ❖ No player can run through the half-circle to gain an advantage to the ball. If this occurs it is a free-kick outside the half-circle at the point of entry

N.B. It must be remembered that this is a social competition and there are a number of teams that soccer is not their first choice of code. It is encouraged that participants help other teams as much as possible with the understanding of rules.

It is also important for managers to pass on this information to their team members so that they in-turn understand the rules. For clarification contact the competition organiser.

Competition Points

- ❖ A win is worth 3 points
- ❖ A draw is worth 1 point
- ❖ A loss is worth 0 points

If teams are tied on points at the completion of the competition final placing will be decided by: Goal Difference, Goals For, Result between the two teams in competition play, toss of a coin

Disciplinary

- ❖ If a player is sent-off the person will incur an automatic 1 week suspension
- ❖ A sin-bin for any cautionary offence (yellow card) will be in place, from 2 – 5 minute intervals.
A 'sin-binned' or 'sent-off' player cannot be replaced
- ❖ Teams that continue to have bad **player** discipline will be removed from the competition
- ❖ A player who is sent off will incur a suspension of one week and will miss all games in that calendar week. The player will also not be allowed to play until they have refereed one full game at McFetridge Park.
- ❖ Individuals will also be removed from the competition if persistent infringing occurs or if their offence is of a serious nature. That decision will be at the discretion of the competition organizer.

Club Alcohol Policy

NO alcoholic beverages may be brought to the playing fields at all as it contravenes the Club Liquor License. Liquor will be confiscated. Alcoholic beverages that are purchased at the club, are to be consumed within the upstairs lounge and adjacent deck areas. They are not permitted to be taken onto the playing areas

Complaints regarding unregistered players

Complaints with regards to unregistered players must follow the below procedure

- ❖ The complaint must be lodged with the referee prior to the commencement of the game or at such time the unregistered player takes the field of play
- ❖ Ensure the referee writes down the players name the complaint is against
- ❖ Play the game (That is what you are there for)
- ❖ Address the organisation committee at the completion of the game

No complaints will be looked into unless the above has been complied with

The referee's decision is final

IMPORTANT: The game cannot commence or exist without a referee.

Everyone goes out to do his or her best. Please do not abuse the referee. This will not be tolerated and continual offenders will be removed from the competition.

This is social summer football. It is relatively inexpensive and it is meant to be a relaxing recreational activity over the summer period.

Please enjoy it!!